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Retirement Doesn't Have to be Ruff

Today, **Pentegra** launched a program that pairs retirees with cuddly companions, as a way to add a healthy component to their client's retirement years.

John Pinto, CEO of Pentegra, tells **401kWire** the firm is looking for new ways to help their customers and Pawsibilities is the first step.

"We've helped them prepare for retirement now let's do something to help them live longer," Pinto says.

Their newest program is *Pentegra Retirement Pawsibilities* where retirees are paired with shelter pets in need of a loving home. The program provides a 'list of resources including the benefits of adopting a shelter animal, and a list of shelters and the best searchable adoption websites,' states the news release.

Pinto states, "We know the many health benefits for anyone with a cat or dog, but think about how much more time a retiree can give an animal in need of a home, and how important that relationship can be - physically, emotionally and socially - to someone who has more time on their hands. It is a win-win and we want to educate our clients on how life changing this can be."

According to Pentegra, 'Pets provide structure and routine to the day; can help reduce stress; and can increase social interaction and physical activity, supporting a healthier and happier lifestyle. Adopted animals also reap great rewards in the relationship. Retirees no longer go to an office every day and therefore may have more time to focus their attention and affection on their pet than someone who is still working full time.'

To learn more, and possibly adopt a fluffy pet of your own, you may visit [here](#), and clients can get a fifty dollar gift card to [Chewy.com](#) if you send Pentegra proof of adoption.

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