

BUILDING BLOCKS FOR RETIREMENT

Risk Tolerance

No Shortage of Investment Risks

You can't escape it -- every investment has risk. But there are many types of risk, and each type affects investments in a different way. While you'll generally have to accept some risk to reach your goals, understanding and evaluating the various kinds can help you make better investment decisions. Below are some of the more common types of risk investors encounter.



Market Risk

Market risk is the possibility that your investments will lose value because of factors that affect the broad economy and the securities markets. It is often the risk investors think of first. Long-term investors can generally ride out periods of stock market volatility since, historically, the market has always recovered its losses over time.¹ Because gains in one asset class may help offset losses in another, dividing your investments among stocks, bonds, and cash may help you manage market risk.

Inflation Risk

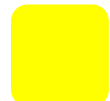
Over time, the rise in the cost of goods and services can seriously reduce the buying power of your money, even when inflation seems low. Putting your long-term investment dollars primarily into fixed-income investments can leave you at risk of not earning enough on your investments to reach your goals. Investing at least some of your money in investments with the potential for earning higher returns, such as stocks, can help reduce inflation risk.

Interest Rate Risk

Changes in interest rates affect bond prices. When interest rates rise, prices of existing bonds fall because older bonds are paying less interest than newly issued bonds. On the other hand, when interest rates fall, bond prices and values typically increase. You can help reduce interest rate risk by holding a variety of bonds having different maturity dates, a strategy known as "laddering."

Default Risk

If a bond issuer doesn't have money to make principal payments to bondholders, you could lose your entire investment. Default risk is generally more of a concern to investors



who buy lower-rated bonds. Checking an issuer's credit rating with a bond-rating service, such as Moody's or Standard & Poor's, and choosing bonds rated "investment grade" by the rating agency can help minimize default risk.

Currency/Geopolitical Risk

Adding international investments can help diversify your portfolio.² But investors should use caution. Currency exchange rates, foreign taxation issues, differences in auditing and financial standards, and political instability, especially in emerging markets, can adversely affect the value of foreign investments.

Source/Disclaimer:

¹Past performance is no guarantee of future results.

²Diversification does not ensure a profit or protect against loss.

This material is provided solely for informational purposes and does not constitute investment, tax, legal or accounting advice on the matters addressed. Neither Pentegra Services, Inc., its subsidiaries, nor any of their respective employees intend that this material should be relied on as investment advice, which should be sought from a professional advisor. Performance information shown reflects past performance and does not indicate or guarantee future investment results. Current and future results may be lower or higher than those shown. ©2019 Pentegra Retirement Services



701 Westchester Ave, Suite 320E, White Plains, New York, 10604